

# Clearview Terrace Newsletter

Greater Hanover Housing Corporation  
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## June 2024



## Summer Bash- June 21!

## Save the Date!

## June Birthdays

|         |                   |          |         |                |          |
|---------|-------------------|----------|---------|----------------|----------|
| June 1  | Charlie Sheridan  | Apt. 113 | June 21 | Randy Marchio  | Apt. 121 |
| June 4  | John Wagaman      | Apt. 128 | June 22 | Flor Rivera    | Apt. 59  |
| June 4  | Nevin Baumgardner | Apt. 36  | June 23 | Katie Gentzler | Apt. 40  |
| June 5  | Teresa Falletta   | Apt. 9   | June 23 | Jean Treadway  | Apt. 75  |
| June 13 | Jean Hill         | Apt. 78  | June 25 | Kitty Lawson   | Apt. 51  |
| June 15 | Barry Riddle      | Apt. 5   | June 26 | George Hawkes  | Apt. 61  |
| June 15 | Steve Curren      | Apt. 104 |         |                |          |
| June 17 | Pam Kuhn          | Apt. 76  |         |                |          |



## June Birthday Party



The June birthday lunch will be held in conjunction with our lunches catered by Railside. All residents are invited, especially those having June birthdays! If you have a June birthday, your lunch is free.

**When: Tuesday, June 11 11:45 AM**

**Where: CT I community room**

**Menu: Smoked pork chop, sweet potatoes, green beans, roll and dessert.**

**Cost: \$2.50 for 'eat in' lunch. We will not offer "take out" lunches this day. Sign up and pay in the office and receive your blue door prize ticket.**

**Deadline: Monday, June 10 at 2:00 PM**

### Quotes for each day ...



“Let no one ever come to you without leaving better and happier. Be the living expression of God's kindness: kindness in your face, kindness in your eyes, kindness in your smile.” – Mother Teresa

"I know well that the June rains just fall." - Onitsura

“You must be the change you wish to see in the world.” – Mahatma Gandhi

“Happiness is where we find it, but rarely where we seek it.” – J. Petit Senn

## **Office Closed – Housing Conference 2024**

The office will be closed Wednesday, June 26 – Friday, June 28 for office staff to attend the annual Pennsylvania Finance Housing Association conference in State College, PA. All business hours work orders can be called to the office; after-hours emergency work orders are to be called to 1-223-303-4282.

### **Safety First**

Please do not approach the maintenance staff while they are mowing the lawn or while trimming is in progress. Staff may not see or hear you until it is too late. Remember to move out of the way if you are in close proximity during these tasks as debris or rocks may fly out of the equipment. When you see the lawn equipment in your area, PLEASE go inside your apartment to stay safe. The potential for harm to you is much too great.



### **Work Orders**

It is expected of all residents that ALL work orders will go through the office staff. DO NOT stop a maintenance staff member and request that work be done in your apartment. They are busy and may not remember to place the work order in the workbook. Contact the office directly for ALL work orders.

### **Power outages**

Power outages persist in the Hanover area and here at Clearview Terrace. If you have a land line phone and lose power, please have a neighbor who has a cell phone touch base with you to relay messages from the office or electric company.

### **CT II new windows**

Residents in CT II should be opening and closing both the bottom and the top windows frequently to ensure they remain easy to open and close. If unable to do this on your own, have a family member or neighbor do so.

## Weather Proverbs – June

- A good leak (rain) in June, sets all in tune
- When it is hottest in June, it will be coldest on corresponding days in February
- Rain on the 24th can lead to a wet harvest

## Dog License

If you own a dog, you are required by state law to get a license for your dog. The lease you sign with Clearview Terrace also requires that your dog be licensed, neutered and up to date with vaccinations.

You can apply for a dog license online at the York County, PA website or call their office at 717-771-4386 and they will mail you an application.

If you are a senior citizen (65+) or a person with a disability you are eligible for a discount fee of \$4.50 a year for a neutered male or female dog or a lifetime fee of \$21.50. If you have moved here from another Pennsylvania county, you need to contact the York County office and request a transfer of the license for a small fee of \$1.00.

If you do not license your dog, you can be subject to a fine of \$300.00! Don't wait, do it today!



## Gardening Tips & Information

If you have access to the internet and if you are one of our community gardeners or just want to know more about taking care of the flowers you planted in your porch pots, then go online and search for Penn State Extension. You can sign up for free webinars on all types of gardening. Flowers, vegetables and landscaping information is available in easy to watch one-hour webinars.



## Mail – must have apartment number

As was mentioned in a previous newsletter, any mail without an apartment number will NOT be delivered to your box. Contact all your vendors and individuals who you get mail from and make sure you include your apartment number for those you correspond with via mail.

## **Do you need a housekeeper?**

We have the contact information for an individual who may be interested in cleaning for you. Please call Autumn @ 717-549-1591 for her availability and rates.

## **Personal Occupancy (Visitors) Reminder as taken from your handbook:**

- Guests and visitors to your apartment are always welcome. The only legal occupants allowed to live in your apartment are the people who have signed the original lease.  
If you have overnight guest(s) in your apartment for more than two nights, you **must** notify the Manager, identify the person(s) and provide the make and license number of their car.
- A stay of more than ten days within a calendar year by another person(s) should be discussed with the Manager. To ensure the comfort and privacy of all residents, children must be accompanied by an adult at all times. You are responsible for the behavior of your guests and any damage they may cause.
- The only legal occupants allowed in your apartment are the people who have signed the original lease. Any changes in occupancy must be reported to the office. Normal visits of friends and family are welcome. Any extended stays must be approved by management. Sub-leasing is not permitted.

## **Daily ~ Neighbor “I’m OK” communication:**

As neighbors get to know each other and their routines, it is important to let each other know you are OK each morning as you start your day. Put in place a system of communication that can be as simple as opening your door (but not letting it open if your heat or air conditioner are on), turning a light on or off, placing a door hanger of some type on the doorknob or opening your curtains or blinds. This form of communication lets your neighbor know you are up and about each morning and all is OK!



## **Yard Sale Success**

Our most recent yard sales netted a profit of just over \$2,500.00. Thanks to all who contributed in any way – marking and pricing, baking, volunteering with set up, sale dates and tear down, supporting the yard sale with donations of items and purchasing items – every aspect of the yard sale is successful with your help!

## **Senior Nutritional Fruit and Vegetable Vouchers**

The York County Area Agency on Aging, in conjunction with the Pennsylvania Department of Agriculture, have made fruit and vegetable vouchers available to qualifying seniors again this year.

This program provides \$50.00 in vouchers to eligible York County seniors to buy fresh fruit and vegetables from participating local farm markets, including the Hanover Farmers Market on E. Chestnut Street, Hanover (open on Saturday mornings).

See office staff for the application that can either be mailed to YCAAA or taken to a distribution site. A list of distribution sites will be given to you when you pick up your application. If you mail in the application, you will receive vouchers in the mail along with a list of markets that accept the vouchers.



### **Distribution Sites closest to Clearview Terrace:**

St. Matthews Lutheran Church  
30 West Chestnut St.  
Hanover, PA 17331

Vouchers will be available 9:00 to 11:30 AM  
Friday, June 14, 2024

Windy Hill on the Campus  
1472 Roth's Church Rd  
Spring Grove, PA 17326

Vouchers will be available 9:00 – 11:30 AM  
Thursday, June 6, 2024

### **You can mail completed applications to:**

York County Area Agency on Aging  
100 West Market St.  
York, PA 17401

## **Electronic Recycling ~ Goodwill Store**

We recently received word that the Goodwill Store on Eisenhower Drive now accepts electronics for recycling. Take your old televisions, cell phones, VCR/DVD players, radios/stereos, cameras, answering machines, gaming systems, computers/monitors, toasters and vacuum cleaners to the Goodwill Store or schedule a pickup (for a fee). The phone number is 717-637-0397.



## **Father's Day Tribute:**

Honoring all fathers, grandfathers, great – grandfathers of Clearview Terrace. Congratulations and thank you for your love, support, kindness and for modeling to us a strong work ethic and sense of responsibility. Sunday, June 16 is your day! Celebrate



### **Pledge of Allegiance**

Our Clearview Terrace community will honor our flag on Thursday, June 13 when we recite the Pledge of Allegiance together at 12:30 in the CT I community room. Please join us, wear your Red, White and Blue. We video the Pledge and send it to WHTM 27 for their noon day recognition.



### **Office Banking Hours**

What are banking hours? This is your opportunity to visit the Clearview Terrace office to obtain quarters or smaller bills. You can pick up a wrapped tube of \$10.00 in quarters or get as few or as many as you need.

Mondays 9:00 – 9:30 AM  
Wednesdays 12:15-12:45 PM  
Fridays 9:00 – 9:30 AM and 12:15 – 12:45 PM

### **Ant Control**

Ants can be a real problem this time of year. More residents than usual sign up for our monthly exterminator service. For those of you with recurring ant issues, Orkin suggests using bait stations available from our maintenance staff. The ants are drawn to the traps, take the bait back to the colony where more ants are killed. This use of traps can work for up to 3 months. You can call the office with a work order requesting traps be delivered to your apartment. Another recommendation from Orkin is to always lid and tightly secure all food containers and bags containing food and to wipe up food crumbs from countertops and floors.



## Clothing Available

FREE clothing will be available to tenants on Thursday, June 6 @ 12:30 pm in the CT I community room. Bring your own bag between 12:30 and 1:30 pm for the selection of no more than **2 items of clothing**. Available sizes are Large and XLarge for both men and women. No one is to be sent to pick up clothing for you; tenants must come on their own (caregivers of tenants are welcome to accompany).

## Happy Anniversary – June move-ins:

| NAME                  | APARTMENT # | YEAR |
|-----------------------|-------------|------|
| Diane Myers           | 16          | 2019 |
| Pat Hilbert           | 25          | 2018 |
| John Thomas           | 55          | 2021 |
| Pam Shipley           | 56          | 2010 |
| Richie Baker          | 92          | 2013 |
| Jane Breighner        | 93          | 2021 |
| Cindy Hetrick         | 101         | 2017 |
| Rich and Sharon Clark | 136         | 2016 |



## Disposal of Large items and/or Furniture

Clearview Terrace residents **must** contact the Hanover Borough office at 717-637-3877 before disposing of large items and placing them by the dumpster. Tenants are to call and explain that you live at Clearview Terrace and are a commercial pickup. You then arrange payment and pick up for any large item (that cannot be thrown in the dumpster). **Use the following procedure:**

- Call the number provided to schedule a time to make payment at the Borough Office (44 Frederick St. Hanover)
- Go to the Borough office to pay for items to be picked up and schedule a pick up date
- Place item(s) by dumpster (but not in front of the dumpster) nearest your apartment on date provided by Public Works
- Watch to see that the item was picked up on the agreed upon date



# THINGS TO DO

## Time for the Annual Picnic – Summer Bash!

All residents are invited to attend the annual Summer Bash picnic on **Friday, June 21 at 5:30 PM** in the courtyard by apartments 1-18. Note the location is different from year's past. Entertainment will be provided by Derek Reed (back by popular demand) as he will be performing patriotic country music.

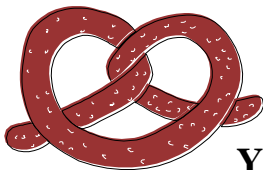


Menu: hamburgers, hot dogs, chips, baked beans, macaroni salad, watermelon, water and soda.

Deposit: \$5.00 per tenant; returned to each person who attends. A ticket will be given for free ice cream cone from Dairy Dan. Wear your R-W-B patriotic colors.

In case of severe weather (rain or excess heat) the date will be rescheduled if necessary.

## Sub Sale



Our monthly sub sale will be held Wednesday, **June 19**. Note the change from our usual last Wednesday of the month due to a schedule conflict.



You will be contacted by one of your neighbors for your order. If you haven't hear from them, call the office by June 11 to place your order. We offer cold cut subs and ham and cheese subs for \$6.00, ham and Swiss cheese on a pretzel roll and turkey and American cheese on a pretzel roll for \$6.00. You may also enjoy soft pretzels for \$2.00 each.

We would like to thank everyone in advance for placing orders.

## St. Paul's Church Strawberry Festival ~ Saturday, June 8

Read the bulletin board advertisement for information on this fun event.

## 2024 Outdoor Lawn Concerts at the Myers Mansion:

Wednesday, June 5<sup>th</sup> @ 6:30 p.m. – Lyric Band

Wednesday, July 3<sup>rd</sup> @ 6:30 p.m. – HSO Brass in the Grass Band

Wednesday, August 7<sup>th</sup> @ 6:30 p.m. – The Jazzberries Band

Wednesday, September 4<sup>th</sup> @ 6:30 p.m. – The Gettysburg Big Band



FREE Concert! Please sign up in the office, there is a limit of fourteen riders in the van. The van will leave at 5:15 p.m. and will return when the concert is finished. Please bring a lawn chair. Snacks are available for purchase as well as available for free thanks to donations from local businesses.

## Clearview Terrace JUNE Grocery Store Visits ~ 9:00 am

|            |             |
|------------|-------------|
| June 4     | Walmart     |
| June 11    | Myers'      |
| June 18    | Aldi        |
| June 27/25 | Dollar Tree |



### Duckpin Bowling

We will bowl on the third Thursday of the month, **June 20, 2024**. The van leaves at **9:30 AM**. After bowling, we will return to the Hanover area for a late lunch. The fees for bowling (3 games) and shoe rental are \$15.00 per person. Call the office if interested in joining the bowling group. Friends and family members of tenants are welcome to bowl with us as well.

### Coffee and Donuts

All residents are invited to attend our monthly Coffee and Donuts session in the CT I community room on **Monday, June 10 at 10:00 AM**. Hear the latest updates from our Resident Council which will meet the Monday before and all about the fun and exciting activities scheduled for our residents to enjoy. Don't want to eat donuts? Ok, bring a snack and/or drink of your own.

# WELLNESS 2024

## VNA Wellness Visits

A nurse is scheduled to visit Clearview Terrace on the second Tuesday of the month (June 11).



|               |                               |
|---------------|-------------------------------|
| 10:00 – 10:25 | Clearview Terrace III         |
| 10:30 – 10:55 | Clearview Terrace II          |
| 11:00 – 11:30 | Clearview Terrace I (library) |

You can visit the nurse in any community area that suits your schedule, you do not have to be a resident of that area. The nurse is available for blood pressure checks and to talk about your health concerns and questions.

## Tips for Preventing Falls

Source: UPMC presentation May 2023

- Talk to your primary care physician about your risk for falling
  - Talk to your doctor if you fell recently or are worried about falling
- Exercise to improve balance and strength
  - Improve leg strength by walking, ride the bike in CT II, do simple leg exercises
  - Improve balance by stretching and doing Tai Chi
- Have your eyes and feet checked on a regular basis
  - Schedule yearly eye exams
  - Schedule foot doctor appointment to have feet checked and wear proper footwear that provides support and are not slippery on the bottoms
- Make your apartment safer
  - Remove all trip hazards from where you walk every day
  - Have a night light on at night to see your way around your apartment
  - Remove small throw rugs and keep items you use every day in areas you can easily reach

## Community Picnic Tables

Clearview Terrace provides picnic tables for the use of Clearview Terrace residents. They are scattered throughout the complex and everyone is invited to use them. Our ground staff will move them occasionally so everyone can enjoy them. Please call the office to request a picnic table be moved closer to your apartment for a special event.

## **10 Keys to Healthy Aging ~ Source: University of Pittsburgh**

1. Lower your systolic (top number) of your blood pressure.
2. Stop smoking.
3. Participate in cancer screenings as would be appropriate.
4. Get immunized on a regular basis.
5. Regulate your blood sugar.
6. Lower your LDL (bad) cholesterol.
7. Be physically active – walk the property or ride the exercise bike in CT II community room.
8. Maintain healthy bones, joints and muscles.
9. Maintain social contact with family and friends and neighbors.
10. Combat depression with exercise, social support and laughter.

### **Medication delivery**

Did you know Minnich's (York, PA) and Genoa (Elm Ave., Hanover, PA) pharmacies deliver to our Clearview Terrace Apartments? Contact the office for more information.

### **Tips and Reminders – Unwanted Medications**

- Unwanted medications should be disposed of properly to avoid contamination in septic systems and public wastewater facilities.
- Improperly discarded medication containers provide sensitive personal information and could be used illegally.
- Permanent medication collection boxes are available at the following locations:

| <b>York County</b>  | <b>Adams County</b>  |
|---|--|
| Hanover Borough Police Department<br>44 Frederick St. Hanover<br>717-637-5575 | McSherrystown Borough Police Dept.<br>Main St. McSherrystown<br>717-637-1775 |
| Penn Township Police Department<br>20 Wayne Ave. Hanover<br>717-637-8751      | Conewago Township Police Dept.<br>541 Oxford Ave. Hanover<br>717-637-7361    |

**All locations have drop boxes available M – F, 8:00 – 4:30 PM.**

Call the location before going to ensure a drop-off will be accepted at this time.

**Clearview Terrace is a SMOKE FREE PROPERTY.  
Thank you for not smoking.  
Please let your guests know we are a smoke-free property.**

**EQUAL HOUSING OPPORTUNITY**

**We do not discriminate against any person because of race, color, religion, sex, handicap, familial status, marital status or national origin**

**After- Hours Maintenance Emergency Number  
1-223-303-4282**

**Last Month at a Glance**

Our gardeners have dug in and started planting produce, plants, flowers and herbs in their raised garden beds. Check them out behind apt. 72 and 73 beside the maintenance shed.




As was mentioned earlier in the newsletter, the Spring yard and bake sale was an enormous success. Yes, we raised monies for our residents and Social Club but, more importantly, we built community amongst our residents who volunteered and supported our yard and bake sale. We also extended a sense of community to the Visiting Angels from Hanover when donating all the leftover shoes to them for their donation to a third world country, we donated leftover clothing to Hanover Hall for their residents and donated leftover yarn to a local church for their prayer shawl group. Special thanks to Joan Emig and Marty Wiles, the 'captains' who guided the ship all through the preparations and actual sale.

The May birthday lunch was held May 15 at Bay City. Twenty-seven residents enjoyed the buffet lunch and Baby Boomer Trivia. Want to know more about our birthday lunches, ask a neighbor who attended and sign up for next month's birthday celebration to be a part of our fun times.

Twenty residents joined us for our first bus trip of the calendar year. We visited Sight and Sound to see Daniel and then went to the Fulton Steamboat Inn for lunch. Great day!

Our monthly sub sale was another great success! Thank you to our volunteers who take orders, deliver subs and sandwiches, prepare veggie packs and make the subs and sandwiches. In just over 90 minutes, over 300 subs and sandwiches were made, and pretzels bagged to be delivered to our residents and non-residents who order from us. Thanks everyone!

## June 2024 Calendar of Events

| Sunday  | Monday  | Tuesday  | Wednesday   | Thursday  | Friday  | Saturday  |
|---|---|--|---|---|---|---|
| <p><b>Banking Hours</b></p> <p>Mondays<br/>9:00 – 9:30</p> <p>Wednesdays<br/>12:15 – 12:45</p>    | <p><b>Banking Hours</b></p> <p>Fridays 9:00 – 9:30</p> <p>Fridays 12:15 – 12:45</p>                   |  |   |   |   | <p>1</p> <p>Bible Study<br/>9:00 AM</p>                                   |
| <p>2</p> <p>Summer Concerts at Codorus Band Shell 7:00 PM (Sundays in June – take lawn chair)</p> | <p>3</p> <p>Resident Council 10 AM CT I</p>   | <p>4</p> <p>Walmart 9:00 AM</p>  | <p>5</p> <p>Bingo 1:00 PM</p> <p>Lawn Concert at Myers Mansion – van leaves at approximately 5:15 PM<br/>Bring lawn chair.</p>              | <p>6</p> <p>Clothing pickup CT I<br/>12:30 – 1:30 pm ~<br/>2 items per person.</p>  | <p>7</p> <p>Bingo 1:00 PM</p>   | <p>8</p> <p>Bible Study 9:00 AM</p> <p>St. Paul's Strawberry Festival</p> |
| <p>9</p>  | <p>10</p> <p>Coffee and Donuts 10:00 AM CT I</p> <p>Deadline for birthday lunch is 2:00 pm today.</p> | <p>11</p> <p>Myers' 9:00 AM</p> <p>Blood Pressure Checks<br/>10:00 CT III<br/>10:30 CT II<br/>11:00 CT I</p> <p>Birthday Lunch</p> <p>Sub Orders due today</p> | <p>12</p> <p>Exterminator today – call to be placed on the schedule.</p> <p>Bingo 1:00 PM</p>   | <p>13</p> <p>Community Pledge of Allegiance – 12:30 PM</p>  | <p>14</p> <p>Pick Up nutrition vouchers.</p> <p>Bingo 1:00 PM</p>  <p>Flag Day</p> | <p>15</p> <p>Bible Study 9:00 AM</p>                                      |
| <p>16</p> <p>Happy Father's Day</p>   | <p>17</p> <p>Deadline to sign up for Summer Bash</p>  | <p>18</p> <p>Aldi 9:00 AM</p> <p>Veggie Packs 1:00 PM</p>  | <p>19</p> <p>Bingo 1:00 PM</p> <p>Sub Sale 8:00 AM</p>  | <p>20</p> <p>Bowling 9:30 AM</p> <p>Summer Begins</p>  | <p>21</p> <p>NO Bingo today</p> <p>Summer Bash CT I<br/>Courtyard<br/>5:30 pm</p>   | <p>22</p> <p>Bible Study 9:00 AM</p>                                      |
| <p>23</p>   | <p>24</p> <p>Book Club 3:00 PM CT I</p>   | <p>25</p> <p>Dollar Tree 9:00 AM</p>   | <p>26</p> <p>Exterminator today – call to be placed on the schedule.</p> <p>Bingo 1:00 PM</p> <p>OFFICE CLOSED</p>                          | <p>27</p> <p>OFFICE CLOSED</p>  | <p>28</p> <p>Bingo 1:00 PM</p> <p>OFFICE CLOSED</p>   |   |
| <p>30</p>   |   |  |   |   |   |   |

## June 2024 Lunch Meals – RAILSIDE RESTAURANT CATERER

| Sun.     | Mon. | Tuesday  | Wed. | Thursday   | Fri. | Sat. |
|----------|------|--|------|--|------|------|
|          |      |  |      |  |      | 1    |
| 2        | 3    | 4<br>Chicken & Waffles<br>Glazed Carrots<br>Cake   | 5    | 6<br>Meatloaf<br>Parslied Potatoes<br>Peas and Roll                        | 7    | 8    |
| 9        | 10   | 11<br><b>Birthday Lunch</b><br>Smoked Pork Chop<br>Sweet Potatoes<br>Green Beans<br>Roll | 12   | 13<br>Jill's Chicken Salad<br>Vegetable Soup                               | 14   | 15   |
| 16       | 17   | 18<br>Baked Chicken Pot Pie<br>Pickled Beets<br>Roll                                     | 19   | 20<br>Breakfast Brunch – French<br>toast, bacon, eggs, potatoes,<br>fruit  | 21   | 22   |
| 23<br>30 | 24   | 25<br>Chipped Ham & Swiss<br>Beef noodle soup<br>Cookie                                  | 26   | 27<br>Beef Steak OR Liver/Onions<br>Mashed Potatoes<br>Lima Beans and Roll | 28   | 29   |

We offer sit down or take out lunches on Tuesdays and Thursdays. Call before 2:00 pm the day before to reserve your lunch. Everyone is invited to attend lunches. Arrive between 11:45 and 12:00 pm and, if you plan to take out your lunch, bring a bag to make it easier to carry your lunch back to your apartment. The cost is **\$2.50** to eat in and **\$4.00** for carry out and is paid when you come to lunch, or you can pay in advance. Remember to plan your schedule carefully. If you reserve a lunch, but cannot attend, you will be charged the **full price of \$5.00** for the meal. We welcome all tenants to sign up for a delicious and affordable lunch! You can also bring a guest at the cost of **\$6.00**.

**FYI – The Chef has the right to substitute sides.**